

# Sonoma

BREAKFAST

LET US KNOW IF YOU'RE IN A HURRY OR ASK FOR THE BILL WHEN ORDERING.

WE AIM TO SERVE ALL DISHES WITHIN 10 MINUTES



# Sonoma

## BREAKFAST

### TO START YOUR MORNING

**BLOODY MARY 12.50**  
a blend of vodka, tomato juice + spicy seasoning

**PEACH + ELDERFLOWER BELLINI 10.50**  
sparkling wine, white peach syrup + elderflower cordial

**MIMOSA 10.50**  
sparkling wine + orange juice

### COFFEE, ESPRESSO, TEAS

**FLAT WHITE 97 kcal 4.20**

**CAREFREE CAPPUCINO 189 kcal 4.20**

**ARABICA FILTER 0 kcal 3.50**

**AWAKE ESPRESSO 1 kcal 3.50**

**ALL DAY AMERICANO 1 kcal 4.00**

**LOVELY CAFFE LATTE 193 kcal 4.20**

**MARVELLOUS MOCHA 254 kcal 4.70**

**HAPPY HOT CHOCOLATE 4.70**  
choose oat (vg) 249 kcal, coconut (vg) 177 kcal or semi-skimmed milk (v) 225 kcal

**MATCHA LATTE 106 kcal 4.70**  
served hot or iced

**FOCUSED CHAI LATTE 134 kcal 4.70**

**ICED VANILLA OAT LATTE 181 kcal 4.50**  
double espresso, oat drink, vanilla

**SUNSHINE VALLEY ICED TEA 133 kcal 4.50**  
chamomile + green tea, mango, lime, mint

**YORKSHIRE TEA 0 kcal 3.60**

**TEA PIGS 0 kcal 3.70**  
superfruit, chamomile flowers, peppermint leaves, mao feng green tea, darjeeling earl grey

Decaf coffee, oat and coconut milk alternatives are available on request - please ask the server when placing your order

(v) = vegetarian (vg) = vegan (gc) = gluten conscious

(v) = Vegetarian. These products do not contain any meat or fish. (vg) = Vegan. These dishes are made from ingredients that do not contain any animal products. (gc) = gluten conscious. These dishes are made with products which do not contain gluten as an ingredient. However we do not have dedicated preparation or cooking areas in our kitchens for vegetarian, vegan or gluten free food. Not all ingredients are shown in the dish descriptions. All dishes on this menu are subject to ingredient availability. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit [www.restaurantallergens.com/sonoma](http://www.restaurantallergens.com/sonoma). +Our fish is a natural product & may contain small bones. We are happy to provide you with allergen guidelines for all our menu items. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. All prices are in Pounds Sterling. | 0125

### SMOOTHIES + SODAS

**CLASSIC GREEN 5.90**  
kale, spinach, mango, apple 169 kcal

**HIPPIE CHILD 5.90**  
passion fruit, mango, pineapple, apple 184 kcal

**FRESNO FRESH 5.90**  
apple juice, elderflower, lemon, soda, mint 55 kcal

**COCO-OATY CALI 5.90**  
oat drink, coconut yoghurt, rolled oats, chia, chocolate, cinnamon 478 kcal

**SONOMA SUNRISE 5.90**  
mango puree, passion fruit syrup, lemon juice, soda 392 kcal

table number



### GO CONTACTLESS

[orderatsonoma.com](http://orderatsonoma.com)  
Scan here to order and pay online  
OR use contactless card payment

VEGETARIAN, VEGAN + GLUTEN CONSCIOUS  
MENUS AVAILABLE - PLEASE ASK YOUR SERVER

### SWEET START

**ACAI CHERRY PANCAKES (v) 10.50**  
acai sorbet, cherry compote + homemade fruit granola crunch 430 kcal  
+ crispy streaky bacon +81 kcal 2.50

**BLUEBERRY + BACON PANCAKES 11.00**  
streaky bacon, blueberries, banana + maple-flavoured syrup 566 kcal

**BRIOCHE FRENCH TOAST (v) 12.50**  
cherry compote, labneh + fresh berries 743 kcal

### FRESH MORNINGS

**MEXICAN EGGS (v) 13.80**  
fried eggs, mixed beans, avocado smash, red pepper relish, jalapeños + melted cheese on soft warm tortillas 947 kcal

**FREE RANGE EGGS (v) 9.90**  
fried eggs 519 kcal or scrambled eggs 520 kcal + watercress served on sourdough toast  
+ avocado smash with nigella seeds + fresh lime (v) +152 kcal 4.00  
+ smoked salmon +93 kcal 4.80  
+ crispy streaky bacon +81 kcal 2.50

**OPEN SKILLET OMELETTE (v)(gc) 14.00**  
a fluffy egg omelette with roasted butternut squash, avocado, spinach, cherry tomato + vegan style feta, drizzled with basil oil + fresh herbs 591 kcal  
+ a slice of sourdough toast (v) +256 kcal 2.00

**MARKET GREENS REUBEN (v) 12.60**  
spinach, rocket, swiss cheese, pickles + mustard béchamel in a classic sourdough toasted sandwich 704 kcal

### BOWLS + GRAINS

**MORNING ACAI SORBET BOWL (vg) 11.00**  
acai sorbet, blueberries, melon, banana, strawberries, homemade granola + chia seeds 406 kcal

**OVERNIGHT OATS (vg)(gc) 9.20**  
apple soaked gf oats + chia seeds, coconut yoghurt, cherry compote, fresh berries + omega seeds 645 kcal

**KIMCHI POKE BOWL (v) 13.00**  
brown rice, kimchi, cucumber, carrot, coriander, spring onion, pickled ginger, scrambled egg, soy poke dressing + togarashi shichimi 603 kcal  
+ smoked salmon +93 kcal 4.80

### FARM TOASTS

**CALIFORNIA BLT CHOP 13.60**  
chopped crispy bacon, lettuce, tomato, red onion + chopped avocado in soft cheese with basil oil + herbs on classic sourdough toast 721 kcal

**BIG SUR POACHED SALMON 15.00**  
flaked poached salmon, avocado, labneh, soft boiled egg, basil oil, watercress + capers in puccia bread 830 kcal

**WEST COAST SMASH (v) 13.40**  
smashed white beans, red pepper relish, avocado, rocket, omega seeds + basil oil on classic sourdough toast 929 kcal

### BREAKFAST CLASSICS

**SONOMA COUNTRY BREAKFAST 17.40**  
streaky bacon, Cumberland sausages, mixed mushrooms, Heinz baked beans, hash browns + classic sourdough toast with fried 1358 kcal or scrambled eggs 1278 kcal

**MORNING BREAKFAST PLATE 13.90**  
streaky bacon, Cumberland sausage, mixed mushrooms, Heinz baked beans + a hash brown with fried eggs 737 kcal or scrambled eggs 657 kcal  
+ a slice of sourdough toast +256 kcal 2.00

**PETALUMA SUNRISE (v) 13.90**  
free range fried eggs, avocado, tabbouleh, smashed white beans, harissa yoghurt + olives with mixed leaves, agave mustard dressing + warm flatbread 1301 kcal

**VEGGIE BREAKFAST (v) 15.00**  
avocado smash, mixed mushrooms, Heinz baked beans, hash browns + classic sourdough toast with fried eggs 1137 kcal or scrambled eggs 1057 kcal  
**GO VEGAN** swap eggs for tofu scramble (vg) 999 kcal

ADD A BREAKFAST MIMOSA 10.50

### PASTRIES + SIDES

**CROISSANT, JAM + BUTTER (v) 470 kcal 4.00**

**PAIN AU CHOCOLAT (v) 360 kcal 4.00**

**PAIN AU RAISIN (v) 386 kcal 4.00**

**SOURDOUGH TOAST + BUTTER (v) 604 kcal 3.60**  
+ a tasty preserve 1.00

**HASH BROWNS (vg) 222 kcal 4.00**

ask your server for today's choices of jams and preserves

ADD A FRESH ORANGE JUICE 4.75 134 kcal