

COFFEE, ESPRESSO, TEAS

FLAT WHITE 97 kcal 4.20
CAREFREE CAPPUCCINO 189 kcal 4.20
ARABICA FILTER 0 kcal 3.50
AWAKE ESPRESSO 1 kcal 3.50
ALL DAY AMERICANO 1 kcal 4.00
LOVELY CAFFE LATTE 193 kcal 4.20
MARVELLOUS MOCHA 254 kcal 4.70

HAPPY HOT CHOCOLATE 4.70
choose oat (vg) 249 kcal, coconut (vg) 177 kcal or
semi-skimmed milk (v) 225 kcal

MATCHA LATTE 106 kcal 4.70
served hot or iced
FOCUSED CHAI LATTE 134 kcal 4.70
ICED VANILLA OAT LATTE 181 kcal 4.50
double espresso, oat drink, vanilla
SUNSHINE VALLEY ICED TEA 133 kcal 4.50
chamomile + green tea, mango, lime, mint
YORKSHIRE TEA 0 kcal 3.60
TEA PIGS 0 kcal 3.70
superfruit, chamomile flowers, peppermint leaves,
mao feng green tea, darjeeling earl grey

Decaf coffee, oat and coconut milk alternatives are available on request - please ask the server when placing your order

SMOOTHIES + SODAS

CLASSIC GREEN 5.90
kale, spinach, mango, apple 169 kcal
HIPPIE CHILD 5.90
passion fruit, mango, pineapple, apple 184 kcal
FRESNO FRESH 5.90
apple juice, elderflower, lemon, soda, mint 55 kcal

COCO-OATY CALI 5.90
oat drink, coconut yoghurt, rolled oats,
chia, chocolate, cinnamon 478 kcal
SONOMA SUNRISE 5.90
mango puree, passion fruit syrup,
lemon juice, soda 392 kcal

SOFT DRINKS

COCA-COLA 159 kcal 4.60
COCA-COLA ZERO 1 kcal 4.20
DIET COKE 1 kcal 4.20
FANTA ORANGE ZERO 4 kcal 4.20
SPRITE ZERO 4 kcal 4.20
STILL OR SPARKLING WATER 0 kcal 3.50
JUICES 3.75
apple 158 kcal, pineapple 172 kcal, tomato 154 kcal
or cranberry* 204 kcal
FRESH ORANGE JUICE 134 kcal 4.75

FEVER-TREE SOFTS 3.60
ginger beer 38 kcal, ginger ale 38 kcal,
mexican lime soda 32 kcal,
italian blood orange soda 40 kcal
FEVER-TREE TONIC WATER 3.60
indian 72 kcal, mediterranean 72 kcal, elderflower 68 kcal,
aromatic 36 kcal, refreshingly light indian 30 kcal,
light lemon 30 kcal
GENIE KOMBUCHA 4.50
apple 59 kcal / blueberry + raspberry 56 kcal
CAWSTON PRESS APPLE + RHUBARB 69 kcal 4.50
LUSCOMBE SICILIAN LEMONADE 86 kcal 4.50
LUSCOMBE HOT GINGER BEER 81 kcal 4.50

(v) = vegetarian (vg) = vegan (gc) = gluten conscious

(v) = Vegetarian. These products do not contain any meat or fish. (vg) = Vegan. These dishes are made from ingredients that do not contain any animal products. (gc) = gluten conscious. These dishes are made with products which do not contain gluten as an ingredient. However we do not have dedicated preparation or cooking areas in our kitchens for vegetarian, vegan or gluten free food. Not all ingredients are shown in the dish descriptions. All dishes on this menu are subject to ingredient availability. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit www.restaurantallergens.com/sonoma. *Our fish is a natural product & may contain small bones. We are happy to provide you with allergen guidelines for all our menu items. *Cranberry Juice Drink. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. All prices are in Pounds Sterling. | 0225



Sonoma

ALL DAY



STARTERS + FOR SHARING

'HUMMUS' + CRUDITÉS (vg) 7.80
white bean smash with cucumber, carrot,
sugar snaps + warm flatbread 460 kcal

CRISPY MUSHROOM CROQUETTES (vg) 8.50
pulled mushroom + smoky chilli in breadcrumbs
with a soy dipping sauce 501 kcal

BEACHCOMBER FRY 10.00
crispy squid, prawns + shell-on prawns
with cilantro mayo 411 kcal

HERB ROTISSERIE CHICKEN WINGS 10.50
with creamy sesame sauce + spicy
gochujang chipotle dip 1012 kcal
OR chermoula + gran levanto 880 kcal

NACHOS PLATE (v)(gc) 12.00
avocado smash, black beans, cheese sauce,
tomato salsa, jalapeño, melted cheese +
sour cream 999 kcal
+ pulled chicken 75 kcal 4.60

ALL-DAY BRUNCH

MEXICAN EGGS (v) 13.80
fried eggs, mixed beans, avocado smash,
red pepper relish, jalapeños + melted cheese
on soft warm tortillas 947 kcal

VEGGIE BRUNCH (v) 15.00
avocado smash, mixed mushrooms, Heinz baked beans,
hash browns + classic sourdough toast with
fried eggs 1137 kcal or scrambled eggs 1057 kcal
GO VEGAN swap eggs for tofu scramble (vg) 999 kcal

SONOMA COUNTRY BRUNCH 17.40
streaky bacon, Cumberland sausages, mixed mushrooms,
Heinz baked beans, hash browns + classic sourdough
toast with fried 1358 kcal or scrambled eggs 1278 kcal

PETALUMA SUNRISE (v) 13.90
free range fried eggs, avocado, tabbouleh,
smashed white beans, harissa yoghurt + olives
with mixed leaves, agave mustard dressing +
warm flatbread 1301 kcal

ADD A BRUNCH MIMOSA 10.50

SONOMA SANDWICHES

served with a choice of skin-on fries (vg) +333 kcal or salad (vg) +181 kcal

GREENBIRD 15.00
pulled rotisserie chicken, avocado,
zucchini, rocket + fresh herbs,
chermoula + herby basil mayo in
puccia bread 1093 kcal

BIG SUR POACHED SALMON 16.00
flaked poached salmon,
avocado, labneh, soft boiled egg,
basil oil, watercress + capers
in puccia bread 830 kcal

MARKET GREENS REUBEN (v) 14.00
spinach, rocket, swiss cheese,
pickles + mustard bechamel in
a classic sourdough toasted
sandwich 704 kcal

MAINS

FISH N CHIPS (gc) 18.00
sustainably-sourced fish coated in beer batter and served
with skin-on fries + shallot tartare sauce 1137 kcal

BODEGA BAY CHILLI BOWL (gc) 15.50
slow-cooked beef brisket + black bean chilli
with avocado, mango pineapple salsa, sour cream,
corn chips + brown rice 1043 kcal

KIMCHI RAMEN (v) 16.50
udon noodles with pak choi, sugar snaps, carrot, edamame,
beansprouts, pickled ginger, soy egg, spring onion +
red chilli in an aromatic broth with kimchi 663 kcal

GREEN GREEN SALAD (vg) 14.00
edamame, cucumber, capers, rocket, mixed leaves,
spring onion, zucchini, sugar snaps, fresh herbs +
chermoula dressing 232 kcal
+ grilled chicken +129 kcal 4.60
+ flaked poached salmon +160 kcal 5.80
+ vegan style feta (vg) +76 kcal 3.80

FIESTA TACOS (vg) 12.50
roasted butternut squash, fresh avocado,
black beans, vegan style feta, mango + pineapple salsa,
pickled red onion + cilantro mayo in soft
tortilla shells 565 kcal

HALF CHICKEN WITH HERBS DE PROVENCE 21.50
house rotisserie half chicken with tangy apple slaw,
skin-on fries +333 kcal or salad +181 kcal
CHOOSE FROM:
creamy sesame sauce + spicy gochujang chipotle
dip 600 kcal, chermoula + gran levanto 468 kcal OR
garlic herb butter 493 kcal

SUNSHINE SALAD (vg) 12.50
roasted butternut squash, avocado, tabbouleh,
zucchini, carrot ribbons, cherry tomatoes, fresh
herbs, omega seeds + mixed leaves with
agave mustard dressing 370 kcal
+ grilled chicken +129 kcal 4.60
+ flaked poached salmon +160 kcal 5.80
+ vegan style feta (vg) +76 kcal 3.80

LOADED BURGERS

served in a seeded bun with a choice of skin-on fries (vg) +333 kcal or salad (vg) +181 kcal

ORIGINAL JOE'S 17.60
beef patty, cheese, mayo, bread+butter
pickles + salad garnish 1011 kcal
+ crispy streaky bacon +81 kcal 2.50

CA BURGER 17.60
grilled chicken breast, cheese, mayo,
bread+butter pickles + salad garnish 884 kcal
+ crispy streaky bacon +81 kcal 2.50

BUTTERMILK FRIED CHICKEN 18.80
crisp fried buttermilk chicken, avocado, tomato, tangy
apple slaw, gochujang mayo + salad garnish 993 kcal

BBQ MUSHROOM (v) 17.20
shiitake mushroom patty, tomato bbq glaze, red pepper
relish, avocado, basil mayo, rocket + fresh herbs 1018 kcal

SWAP YOUR FRIES FOR SWEET POTATO WEDGES 1.00 333 kcal

STONE-BAKED PIZZAS

gluten free bases available on request

MARGHERITA SONOMA (v) 14.80
tomato sauce, basil, mozzarella +
smoked applewood 913 kcal

SANTA ROSA 16.20
tomato sauce, salami, pepperoni,
olives, mozzarella + smoked
applewood 1175 kcal

ROTISSERIE CHICKEN 16.20
béchamel sauce, shredded
rotisserie chicken, pancetta,
green onion, rocket, mozzarella +
smoked applewood 960 kcal

ROSEWOOD (v) 16.20
béchamel sauce, spinach, chilli,
olives, baked egg, mozzarella + smoked
applewood with truffle oil 1027 kcal

RANCH (v) 16.20
béchamel sauce, caramelised onions,
pear, blue cheese + mozzarella 974 kcal

PASTA BOWLS

gluten free pasta available on request

PACCHERI RAGU 15.50
slow-cooked beef shin ragu +
gran levanto 688 kcal

SEAFOOD LINGUINE 16.00
prawns, calamari, courgette,
cherry tomato, garlic butter +
lemon zest 852 kcal

RIGATONI POMODORO (vg) 14.00
tomato, zucchini, rocket +
vegan style feta 632 kcal
+ pulled chicken 75 kcal 4.60

LOVELY EXTRAS

SKIN-ON FRIES (vg)(gc) 333 kcal 4.50
SWEET POTATO WEDGES (vg)(gc) 333 kcal 5.50
SUGAR SNAP + EDAMAME BEANS
WITH GARLIC + CHILLI (vg)(gc) 141 kcal 5.90

SEASONAL MIXED SALAD (vg) 4.40
mixed leaves, tabbouleh, fresh herbs, omega seeds +
agave mustard dressing 181 kcal

APPLE SLAW (vg)(gc) 4.40
tangy homemade slaw with apple +
agave mustard dressing 91 kcal

WONDERFUL SWEET PLATES

CHOCOLATE BROWNIE (v)(gc) 8.20
dark chocolate sauce + vanilla ice
cream 740 kcal

WARM APPLE PIE (v) 7.00
vanilla ice cream + cinnamon
sugar 316 kcal

SONOMA SUNDAE (vg)(gc) 8.50
chocolate tart chunks, vanilla ice
cream, pomegranate molasses, cherry
compote, coconut yoghurt, chocolate
sauce + fresh berries 610 kcal

BAKED VANILLA CHEESECAKE (v) 7.00
cherry compote 402 kcal

ICE CREAM BOWL (vg)(gc) 6.60
choose 3 scoops from vanilla 102 kcal,
chocolate 82 kcal, strawberry 93 kcal
or coconut 99 kcal
All our ice creams are vegan.
Calories listed are per scoop.

VEGETARIAN, VEGAN + GLUTEN CONSCIOUS
MENUS AVAILABLE - PLEASE ASK YOUR SERVER

table
number



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OR use contactless card payment