# sonoma 

KIDS MENU

## BREAKFAST

AVAILABLE ALL DAY!
FRIED EGG, SAUSAGE + CRISPY CUBED POTATOES 516 kcal 6.80
AVOCADO, FRIED EGG + CRISPY CUBED POTATOES (v) 472 kcal 6.80
PANCAKES (v) 6.80
peanut butter sauce, banana + cherry compote 468 kcal OR NUTELLA + banana 514 kcal

## SCRAMBLED EGGS ON TOAST (v) 242 kcal 6.60 <br> + bacon 97 kcal 1.60 <br> BUILD YOUR OWN BREAKFAST 7.60 <br> select any 4 of the items below: <br> fried 121 kcal or scrambled $121 \mathrm{kcal} \mathrm{egg}(\mathrm{v})(\mathrm{gc})$, sausage 168 kcal , bacon 97 kcal , crispy cubed potatoes (vg) 227 kcal , Heinz beans (vg) (gc) 37 kcal , mushrooms (vg) (gc) 46 kcal , herb-roasted tomato (vg) (gc) 45 kcal , fresh avocado (vg) (gc) 124 kcal, <br> toast + butter (v) 167 kcal , gluten free toast (v) (gc) 152 kcal

## MAINS

## AVAILABLE FROM 11:00AM DAILY

GRILLED CHICKEN + CHIPS 7.40
cucumber + carrot batons 375 kcal
BURGER + CHIPS 9.00
cucumber + carrot batons 612 kcal add cheese on us +74 kcal TOMATO PASTA (vg) 256 kcal 6.60 gluten free pasta is available on request (gc) 257 kcal

FISH GOUJONS + CHIPS 8.80 cucumber + carrot batons 454 kcal

MARGHERITA PIZZA 382 kcal 8.80 gluten free pizza is available on request (gc) 594 kcal

HUMMUS + FLATBREAD (v) 6.40 cucumber + carrot batons 451 kcal


## DESSERTS

WARM CHOCOLATE BROWNIE (v) (gc) 5.00
vanilla ice cream +
chocolate sauce 422 kcal
COOKIES + VANILLA ICE CREAM (v) 544 kcal 5.00

FRESH FRUIT BOWL (vg) (gc) 4.80
banana, melon, blueberries 170 kcal
ICE CREAM (vg) (gc) 4.80
two scoops from: vanilla $102 \mathrm{kcal} / \mathrm{scoop}$, stracciatella $113 \mathrm{kcal} / \mathrm{scoop}$, chocolate $82 \mathrm{kcal} / \mathrm{scoop}$, coconut $99 \mathrm{kcal} /$ scoop or strawberry $92 \mathrm{kcal} / \mathrm{scoop}$ add chocolate $(\mathrm{vg})(\mathrm{gc})+39 \mathrm{kcal}+0.60$

## DRINKS

JUICE 2.40
apple 83 kcal , orange 82 kcal , cranberry juice drink 57 kcal
frothy milk dusted with chocolate 46 kcal
CUP OF MILK 1.80
oat 85 kcal , coconut 75 kcal or semi-skimmed 109 kcal

SONOMA FRUITY PUNCH 3.20
apple, orange + cranberry 56 kcal

> BOTTLED WATER 3.00
> still or sparkling 0 kcal

## $(v)=$ vegetarian $\quad(v e)=$ vegan $\quad(g c)=$ gluten conscious

(v) = Vegetarian. These products do not contain any meat or fish. (vg) = Vegan. These dishes are made from ingredients that do not contain any animal products. $(\mathrm{gc})=$ gluten conscious. TThese dishes are made with products which do not contain gluten as an ingredient. However we do not have dedicated preparation or cooking areas in our kitchens for vegetarian, vegan or gluten free food. Not all ingredients are shown in the dish descriptions. All dishes on this menu are subject to ingredient availability. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some availability. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some
products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit www.restaurantallergens.com/sonoma. +Our fish is a natural product \& may contain small bones. We are happy to provide you with allergen guidelines for all our menu items. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a $+/-20 \%$ variance on published calorie values. For the latest calorie information please visit our website. All prices are in Pounds Sterling. 10224


