

# Sonoma

BREAKFAST

LET US KNOW IF YOU'RE IN A HURRY OR ASK FOR THE BILL WHEN ORDERING.

WE AIM TO SERVE ALL DISHES WITHIN 10 MINUTES



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# Sonoma

## BREAKFAST

### TO START YOUR MORNING

**BLOODY MARY 12.40**  
a blend of vodka, tomato juice + spicy seasoning

**PEACH + ELDERFLOWER BELLINI 9.60**  
sparkling wine, white peach syrup + elderflower cordial

**MIMOSA 9.60**  
sparkling wine + orange juice

### COFFEE, ESPRESSO, TEAS

**CAREFREE CAPPUCINO 134 kcal 4.00**

**ARABICA FILTER 0 kcal 4.40**

**AWAKE ESPRESSO 1 kcal 3.20**

**ALL DAY AMERICANO 13 kcal 3.60**

**LOVELY CAFFE LATTE 145 kcal 4.00**

**MARVELOUS MOCHA 185 kcal 4.20**

**HAPPY HOT CHOCOLATE 4.40**  
choose oat (vg) 219 kcal, coconut (vg) 149 kcal or semi-skimmed milk (v) 224 kcal

**COOL ICED COFFEE 179 kcal 4.00**

**FOCUSED CHAI LATTE 134 kcal 4.80**

**ICED VANILLA OAT LATTE 190 kcal 4.40**  
double espresso, oat drink, vanilla

**SUNSHINE VALLEY ICED TEA 133 kcal 4.00**  
chamomile + green tea, mango, lime, mint

**YORKSHIRE TEA 0 kcal 3.60**

**TEA PIGS 3.60**  
superfruit, chamomile flowers, peppermint leaves, mao feng green tea, darjeeling earl grey

Decaf coffee, oat and coconut milk alternatives are available on request - please ask the server when placing your order.

(v) = vegetarian (vg) = vegan (gc) = gluten conscious

(v) = Vegetarian. These products do not contain any meat or fish. (vg) = Vegan. These dishes are made from ingredients that do not contain any animal products. (gc) = gluten conscious. These dishes are made with products which do not contain gluten as an ingredient. However we do not have dedicated preparation or cooking areas in our kitchens for vegetarian, vegan or gluten free food. Not all ingredients are shown in the dish descriptions. All dishes on this menu are subject to ingredient availability. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit [www.restaurantallergens.com/sonoma](http://www.restaurantallergens.com/sonoma). +Our fish is a natural product & may contain small bones. We are happy to provide you with allergen guidelines for all our menu items. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. All prices are in Pounds Sterling. | 0224

### SMOOTHIES + SODAS

**CLASSIC GREEN 5.80**  
kale, spinach, mango, apple 172 kcal

**HIPPIE CHILD 5.80**  
passion fruit, mango, pineapple, apple 174 kcal

**FRESNO FRESH 5.80**  
apple juice, elderflower, lemon, soda, mint 57 kcal

**COCO CALI 5.80**  
oat drink, buckwheat granola, coconut yoghurt, cinnamon 369 kcal

**SONOMA SUNRISE 5.00**  
mango puree, passion fruit syrup, lemon juice, soda 399 kcal

table number



**GO CONTACTLESS**  
[orderatsonoma.com](http://orderatsonoma.com)  
Scan here to order and pay online  
OR use contactless card payment

**VEGETARIAN, VEGAN + GLUTEN CONSCIOUS MENUS AVAILABLE - PLEASE ASK YOUR SERVER**

### SWEET START

**BRIOCHE FRENCH TOAST (v) 12.40**  
cherry compote, labneh, fresh berries, pecans 705 kcal

**PB+J PANCAKES (v) 10.00**  
peanut butter sauce, banana, cherry compote 739 kcal  
+ crispy bacon +194 kcal 3.60

**BANANA CHOC-NUT BAGEL (v) 9.60**  
NUTELLA®, banana, pistachios, salted caramel sauce 777 kcal

### FRESH MORNINGS

**MEXICAN EGGS (v) 13.60**  
fried eggs, mixed beans, avocado, tomato herb salsa + melted cheese on soft warm flour tortillas 934 kcal

**FREE RANGE EGGS (v) 9.60**  
herb-roasted plum tomato + watercress served on sourdough toast with fried eggs 430 kcal or scrambled eggs 431 kcal  
+ avocado smash with nigella seeds + fresh lime (v) +155 kcal 4.00  
+ smoked salmon +91 kcal 4.80  
+ crispy bacon +194 kcal 3.60

**OPEN SKILLET OMELETTE (v)(gc) 13.00**  
a fluffy egg omelette with roasted butternut squash, avocado, spinach, cherry tomato + vegan style feta, drizzled with basil oil + fresh herbs 576 kcal  
+ a slice of sourdough toast +121 kcal 2.00

**MARKET GREENS REUBEN (v) 12.60**  
spinach, rocket, swiss cheese, pickles + mustard béchamel in a classic sourdough toasted sandwich 697 kcal

### BOWLS + GRAINS

**SUNSHINE GRANOLA BOWL (vg) 9.40**  
buckwheat, pumpkin seed, coconut + goji berry granola with melon, blueberries + pomegranate seeds, mango, chia + coconut yoghurt 556 kcal

**OVERNIGHT OATS (vg)(gc) 9.00**  
apple soaked gf oats + chia seeds, coconut yoghurt, cherry compote, fresh berries + omega seeds 646 kcal

**CALIFORNIA BREAKFAST BOWL (v) 13.00**  
tabbouleh, mixed leaves, agave mustard dressing, avocado, scrambled eggs, tomato herb salsa + coconut yoghurt 828 kcal

### FARM TOASTS

**BIG SUR POACHED SALMON 15.00**  
flaked poached salmon, avocado, labneh, soft boiled egg, basil oil, watercress + capers in puccia bread 867 kcal

**FIG + THYME (v) 12.60**  
fresh figs, labneh, chopped walnuts, honey, sesame + sour cherry molasses on classic sourdough 388 kcal

**WEST COAST VEGGIE (vg) 13.60**  
roasted butternut squash, zucchini, cherry tomatoes, vegan style feta, omega seeds + basil oil on classic sourdough 461 kcal

### BREAKFAST CLASSICS

**SONOMA COUNTRY BREAKFAST 16.60**  
back bacon, Cumberland sausages, mixed mushrooms, herb-roasted plum tomato, Heinz baked beans, crispy cubed potatoes + classic sourdough toast with fried eggs 1300 kcal or scrambled eggs 1220 kcal

**MORNING BREAKFAST PLATE 13.00**  
back bacon, Cumberland sausage, herb-roasted plum tomato, Heinz baked beans + crispy cubed potatoes with fried eggs 796 kcal or scrambled eggs 716 kcal  
+ a slice of sourdough toast +121 kcal 2.00

**PETALUMA SUNRISE (v) 14.00**  
free range fried eggs, avocado, tabbouleh, hummus, harissa yoghurt + olives with mixed leaves, agave mustard dressing + warm flatbread 1510 kcal

**VEGGIE BREAKFAST (v) 15.00**  
avocado smash, mixed mushrooms, herb-roasted plum tomato, Heinz baked beans, crispy cubed potatoes + classic sourdough toast with fried eggs 1017 kcal or scrambled eggs 931 kcal

**GO VEGAN swap eggs for tofu scramble (vg) 882 kcal**

ADD A BREAKFAST MIMOSA 9.60

### PASTRIES + SIDES

**CROISSANT, JAM + BUTTER 470 kcal (v) 3.80**

**PAIN AU CHOCOLAT 325 kcal (v) 3.80**

**PAIN AU RAISIN 376 kcal (v) 3.80**

**SOURDOUGH TOAST + BUTTER (v) 334 kcal 3.60**  
+ a tasty preserve 1.60

**CRISPY CUBED POTATOES (vg) 409 kcal 4.80**

ask your server for today's choices of jams and preserves

ADD A FRESH ORANGE JUICE £4.20 148 kcal